



## FREE EDUCATION & SUPPORT

*Find connection, practical tools, and hope.*

NAMI Bozeman offers free education and peer support for individuals and families.

### FLAGSHIP EDUCATION PROGRAMS



8-session recovery-focused education for adults living with mental health conditions.



8-session education for family, friends, and significant others of adults with mental health conditions.

### FLAGSHIP SUPPORT GROUPS



Ongoing recovery support for adults, led by trained facilitators living in recovery.



Ongoing peer-led support for adults with a loved one affected by a mental health condition.

*Additional NAMI programs, presentations, and events may also be available.*

## Explore current programs and schedules

Scan the QR code or visit:

[namibozeman.org/programs/](https://namibozeman.org/programs/)

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